



SAFER NOW

TRAINING & CONSULTANCY

DRIVING UP THE BENCHMARK OF SAFEGUARDING BEST PRACTICE



About SaferNow

Our Mission

Our mission revolves around equipping practitioners, who work with young people exposed to harm outside of the family context, with the necessary information, tools and support.

We firmly believe that the more we discover, share, and disseminate best practices, the more accessible the information becomes, leading to increased confidence and competence among practitioners in the field.

By doing so, we not only empower trusted adults to support the young people in their care towards happier, healthier, and safer lives but also, in some cases, save lives. At SaferNow we are committed to making a positive and lasting impact in the lives of those we serve.

What We Offer

SaferNow offers a wide range of comprehensive training and consultancy services designed to enhance safeguarding practices and empower professionals working with young people. Our trainers have over a decade of experience spanning across community settings and hospital-based violence interruption services, working with young individuals affected by violence, exploitation, trafficking, and various forms of external harm.

Through interactive workshops and expert-led sessions, we equip professionals with the essential knowledge and skills needed to effectively navigate complex safeguarding situations. Our diverse training covers key areas of expertise, ensuring that practitioners are equipped with the knowledge and skills necessary to make a lasting impact.

As part of our consultancy services, we offer a Contextual Safeguarding Wraparound Package. This package is entirely bespoke to your organisation, service or agency needs and is available for third sector organisations, Local Authorities, Children's Services and Violence Reduction Units. Depending on the needs and the package required, this offer could range anywhere from three months long to twelve and above.



www.safernowcyp.com



Our Services

Training

Core Competencies

At SaferNow, we recognise the critical importance of highly nuanced practice that demands specialised attention when supporting communities impacted by extra-familial harm. However, we also understand that the foundation of a professional's daily work lies in core elements that should not be overlooked. Unfortunately, these essential skills often do not receive the recognition and resources they deserve for proper development.

One such vital skill is casework management, particularly when dealing with complex cohorts. The ability to effectively manage cases can significantly impact the success of our work. Equally crucial is the art of case note recording, where appropriate levels of detail, tonality, and framing are paramount, considering that we are dealing with people's lives and welfare. To address these fundamental aspects, SaferNow has meticulously developed a suite of training programs called Core Competencies.

Our aim of the Core Competencies training suite is to provide professionals like you with the skills and support, to enable you to deliver exceptional work.

Our Core Competencies Training Services include:

- Safe Practice: Working in Complex Environments
- Case Management: Supporting Practitioners Working Within Casework Services
- Disclosure Support: Best Practice When Handling Disclosures
- Urban Street Gangs and Organised Crime
- Curiosity and Hypothesising



“People need this, your reflections and honest truths about what is happening for our young people. People don't talk as candidly as you do, the case studies you use to prove your points highlight how needed this training is.”

**A SAFEGUARDING PROFESSIONAL,
ON SAFERNOW'S CONEXtual SAFEGUARDING TRAINING**



Safe Practice: Working in Complex Environments

Whether in social care, criminal justice or youth work, there are many times whereby risk to the practitioner has to be managed. You may have to undertake home visits, or perhaps you are a detached youth worker meeting young people where they are on the streets. Situational awareness, understanding body language and planning what to do if additional risks present is key.

After completion of this training, delegates should:

- Understand how to develop the skill of situational awareness and situational literacy;
- Understand body language signalling;
- Develop a toolbox of de-escalation techniques;
- Develop processes to support safe working, including lone working.

Case Management: Supporting Practitioners Working Within Casework Services

This case management training session is for youth workers and colleagues within social care, health and criminal justice who support clients through a casework basis. With competing timelines, dynamic risks and differing pieces of work, managing caseloads can be a challenge for anyone.

After completion of this training, delegates should:

- Have an understanding of how to prioritise caseloads effectively;
- Have a toolbox of effective prioritisation methods;
- Be able to utilise key reflective techniques and grounding exercises to ensure safe and effective practice.



“Very well delivered training by people who really know the subject and offer a more holistic way of looking at things.”

**A CHILDREN'S SOCIAL CARE PROFESSIONAL,
ON SAFERNOW'S CONTEXTUAL SAFEGUARDING
TRAINING**



Disclosure Support: Best Practice When Handling Disclosure

Young people spend a significant amount of their time in educational settings, therefore it makes sense that educators and support staff are likely to be considered trusted adults. Receiving a disclosure is always challenging, balancing the urgency and setting processes, while also aiming to ensure the young person feels safe, listened to and cared for while disclosing. This session provides case studies and tools to support those professionals.

After completion of this training, delegates should:

- An understanding of how to create psychological safety when receiving a disclosure;
- Co-regulation techniques for when receiving a disclosure;
- An understanding of how to ensure the young person feels supported and heard.

Urban Street Gangs and Organised Crime

The phenomena of “gangs” has been sensationalised through the media, and the word itself is problematic and often racialised by the media.

Developing our understanding of Urban Street Gangs, Organised Crime and how young people are exposed to such dangers is vital to anyone engaging with young people at risk.

After completion of this training, delegates should:

- Understand the concept and definitions of USGs and OCGs;
- Understanding criminological underpinnings of such phenomena;
- Thinking critically about “gangs”;
- Understand the development and practices of urban street gangs, organised crime and their relationships to tech, the Dark Web and emerging technologies.

“As ever - a brilliant blend of academic theory, experience and real-life case studies. Adding in legislative implications too. Perfect mix and really useful!”

**A YOUTH WORK PROFESSIONAL,
ON SAFERNOW'S CONTEXTUAL SAFEGUARDING
TRAINING**





Curiosity and Hypothesising

This session on curiosity and hypothesising is aimed at professionals who assess risk as part of their roles, such as caseworkers within the criminal justice system, social care and intervention-based youth work. Considering our own biases, using reflective practice models and case studies, delegates should leave the training feeling more confident in the appropriate assessments of risk.

After completion of this training, delegates should:

- An understanding of the need to be professionally curious;
- An understanding of the need to hypothesise for safe assessments;
- Tools on hypothesising through reflective practice;
- Experience of engaging hypothesis circles of reflective practice using real case studies.





Our Services

Training

Practice Excellence

At the core of SaferNow lies our suite of training programs dedicated to Practice Excellence. These trainings are meticulously designed to ensure that the knowledge gained during the sessions translates seamlessly into real-work practical application. Our ultimate goal is for participants to leave the training equipped not only with an enhanced understanding of the subject matter but also with clear answers to the question, "What do I do now?"

We understand the value of actionable knowledge, especially in our complex roles. That's why all our training modules are focused on empowering participants to take action within their practice. Whether it's responding to challenges or navigating complex risks, our Practice Excellence training equips you with the tools and insights needed to navigate various circumstances confidently.

When you engage with our Practice Excellence training, you can expect to experience a learning journey that goes beyond theoretical understanding. Our emphasis is on practical application, ensuring that you can immediately implement the skills and knowledge gained in your day-to-day work.

Our Practice Excellence Training Services include:

- Safety Planning: A Tool to Support Safeguarding Against Extra-Familial Harm
- Contextual Safeguarding: Policy and Practice
- Young People, Violence and Trauma
- Extra-Familial Harm Safeguarding Best Practice
- Criminal Exploitation: County Lines and Beyond
- Safety First, Desistance Later: Working with Young People Who Harm
- Understanding the Youth Justice System
- Working with Adolescents in Health Settings
- Neurodiversity and Exploitation
- Understanding Children's Services
- Engaging Young People and their Families in Effective Plans
- Disrupting Exploitation: A Multi-Agency Effort
- Holistic Interventions, Models and Direct Work Resources



Safety Planning: A Tool to Support Safeguarding Against Extra-Familial Harm

Perfect for any youth workers, social care workers, criminal justice workers or those supporting vulnerable populations, this face to face workshop format enables an in-depth look at the concept of safety planning and applicable tools to use for engagement in the conversations and assessments of places of safety and places of harm.

This session is OCN Level 3 accredited.

After completion of this training, delegates should:

- Develop an understanding of what defines 'safety' in this context, its categorisation and how it can be assessed, applying a realism lens.

- Develop an understanding of contextual safeguarding, and why it is an imperative framework when the risk is outside of the home.
- Develop an understanding of why safety plans are essential when supporting young people at risk of extra-familial harm.
- Develop an understanding of applying both a relationship-based and a trauma-informed lens to supporting victims of extra-familial harm in the context of safety planning.
- Develop different tools and methodologies that can be applied to create a quality safety plan, including body mapping, place and space mapping, active and passive plans, case studies and activities.

Contextual Safeguarding: Policy and Practice

Practitioners - you are everywhere that matters when it comes to understanding the contexts in which young people experience harm outside the home. Utilising the model of Contextual Safeguarding, designed by Dr Firmin and the University of Bedfordshire. Using the tools and methods of contextual safeguarding assessments will support your ability to safeguard young people. This session explores the concept and how this can be applied.

This training comes in various formats, from a three hour webinar, to a full day's OCN Level 3 accredited face to face workshop.

After completion of this training, delegates should:

- Understand the concept and framework of contextual safeguarding;
- Understand why you should be at the forefront of contextual safeguarding;
- Understanding the basics of supporting young people facing extra-familial harm using this approach;
- How to ensure your concerns are raised appropriately within child protection settings.



Young People, Violence and Trauma

Develop a greater understanding of not simply what trauma is and how that trauma can impact someone, but how those impacts can play out in real-time and how to support a young person exposed. Expanding on our knowledge of the bio-psycho-social impacts to learn how we can apply what is often called trauma-informed practice into our daily work within complex and unsafe contexts young people experience.

99%

OF DELEGATES
SAID THEY FOUND
LEARNINGS TO TAKE
FORWARD IN THEIR
PRACTICE

After completion of this training, delegates should:

- Have an understanding of various typologies of trauma, from developmental to intergenerational, systemic and incident-based trauma;
- Have an understanding of how that trauma can impact as children and present in adolescence, both biological and behavioural;
- Have an understanding of how such trauma can play out in communities, including in relation to serious youth violence;
- Have an understanding of how to practice trauma-informed and trauma-responsively.

Criminal Exploitation: County Lines and Beyond

This training provides information on the concepts, theory and risks associated with criminal exploitation. Beginning, but certainly not ending with county lines, this training was designed to expand the professional understanding of the many forms of criminal exploitation, much of which has seen much less focus than county lines. Car key burglaries, deets/squares, shoplifting, cuckooing and debt bondage to name but a few.

After completion of this training, delegates should:

- Have a basic understanding of criminal exploitation and its many forms;
- Understand the various typologies of criminal exploitation and associated harms;
- Understand how to support young people experiencing criminal exploitation including disruption;
- A basic understanding of legislation regarding harm, exploitation and trafficking.



“It was really beneficial to look at some real life case studies and to do practical activities within a virtual training session.”

A TARGETTED YOUTH WORK
PROFESSIONAL,
ON SAFERNOW'S CONTEXTUAL
SAFEGUARDING TRAINING



Safety First, Desistance Later: Working with Young People Who Harm

All too often, practitioners find themselves balancing their work on both ensuring safety for a young person, and the risk that young person may pose to others. This webinar draws on Sean's experiences working with young people who's lives are at risk, but that they also pose significant risk to others.

After completion of this training, delegates should:

- Have an understanding of why young people engage in violence;
- Have an understanding of the neurological effects of violence;
- Be able to navigate the balance of risk management and safety interventions.

Understanding the Youth Justice System

Case working staff of all kinds, will at times, likely be working with a young person who comes into contact with the criminal justice system. That being said, the criminal justice system is large and complex, and does not come with a welcome pack on how to navigate it. From Arrest, to Charge, to Court, to various sentences and Orders, we need to better understand the thresholds, meanings and processes behind them to better support and advocate for young people we care for.

After completion of this training, delegates should:

- Understand Policing processes, including arrest and charge, interviews and outcomes;
- Understanding Court processes, pre-sentencing reports and various Orders;
- Be able to think critically about practice and how to challenge conduct, and escalate, where necessary.

“Amazing - the training was very real and informal which made me be able to relate and understand.”

**A YOUTH OFFENDING PROFESSIONAL,
ON SAFERNOW'S UNDERSTANDING THE
YOUTH JUSTICE SYSTEM TRAINING**





Working with Adolescents in Health Settings

Having spent many years working within Major Trauma Centres, Local Emergency Departments and Paediatric Hospitals, members of our team have much experience in supporting professionals within health with their understanding of the seemingly complex nature of adolescents who become patients. Patient care, language used and department policies all need to be adapted to consider the adolescent brain, developmental trauma and the needs and behaviours of our young patients. This training is geared towards anyone who works within Health, whether patient-facing or in a leadership role.

After completion of this training, delegates should:

- Gain insight into adolescent brain development and the link to so-called 'risk-taking and challenging behaviours';
- Feel more confident communicating with adolescent patients and eliciting good social histories to enable better care;
- Have a better understanding of wider social support systems in place (statutory services, community services and specialist advocacy) available for young people;
- Have a toolbox of de-escalation techniques to support young patients in crisis.

Neurodiversity and Exploitation

Much of what is “known” about neurodivergence is generally incorrect and often harmful. This training is designed to develop a greater understanding of neurodivergence, the myths surrounding it and the appropriate language to use within practice. We then will delve into its complex and multi-faceted interconnection with exploitation, the impacts it can have on young people and explore the reasoning behind how and why neurodiverse youth are disproportionately victims of exploitation. Drawing upon these insights, we integrate best practices to formulate principles for effectively supporting and safeguarding neurodiverse youth who are at risk of exploitation or have experienced harm.

After completion of this training, delegates should:

- Have a better understanding of the concept of neurodiversity and its implications within the context of exploitation.
- Understand the interconnection between neurodiversity and exploitation, identifying key factors contributing to vulnerability, such as social, environmental, and psychological elements, as well as exploring the dynamics of “push and pull” factors.
- Be able to apply an asset-based approach to address neurodiversity and exploitation, utilizing prevention and disruption techniques, and integrating practical tools and organizational frameworks.



Engaging Young People and Their Families in Effective Plans

Moving away from viewpoints and language such as “non-engagement” and “non-compliance/adherence” to the plan, towards critically assessing why such plans don’t always work out for the young person or their family.

A plan centred on and co-designed by those the plan impacts is key to its effectiveness.

After completion of this training, delegates should:

- Understanding how to develop and facilitate co-produced plans within child and transitional safeguarding.
- Understanding how well-informed and considered plans can support agency and not take it away.
- Consider how plans can be formulated that consider and aim to meet everyone’s needs, not simply “obligations”.

Disrupting Exploitation: A Multi-Agency Effort

This innovative part training, part workshopping session considers how everyone within the safeguarding arena plays a part in the outcomes of a child being harmed through exploitation.

This session explores the tools, roles and responsibilities across multi-agency settings and what can be utilised to disrupt harm.

After completion of this training, delegates should:

- Have a greater understanding of tools, roles, responsibilities, and key legislation that various partners can utilise to better disrupt harms.
- Understand how to effectively work together as a multi-agency setting within complex safeguarding, effectively creative problem solving.
- Understand how to appropriately professionally challenge if responsiveness and proportionality are not adhered to.

Holistic Interventions, Models and Direct Work Resources

This purely practice focused workshop considers various models, direct work resources and tools that can be best utilised to support children and young people.

Learning Objectives:

- Learn about a variety of models and resources that can be utilised to increase effectiveness of engagement.
- Learn how to apply those models in practice.



Our Services

Consultancy and Supervision

“We commissioned SaferNow to produce bespoke risk assessment frameworks and guidance for staff - we cannot praise their work highly enough!

They took the time to understand the nuances of the work and produced exactly what we needed to an excellent standard.”

NATIONAL HEAD OF SERVICES IN VIOLENCE INTERVENTION

Our Consultancy and Supervision Services include:

- Policy Writing, Guidance Design and Learning Reviews
- Hospital-Based Violence Interruption Services - Training and Consultancy
- Supervision
- Supporting Adolescents in Health Settings
- Embedding Contextual Safeguarding Against Extra-Familial Harm
- Service Development and Support





Policy Writing, Guidance Design and Learning Reviews

Do your organisational policies need a refresh? Perhaps as your service has developed and grown the policies to support it haven't.

We've written guidance for the systems process of young people's journeys through clients' services, developed case management structures to ensure safe and comprehensive holding, guidance and policy on weapons and illicit substances reporting, and learning reviews for when an incident has occurred and external eyes are needed to better understand what development can be taken from such an event.

Hospital-Based Violence Interruption Services - Training and Consultancy

Hospital-based violence interruption is a wonderfully complex model of safeguarding, partnership and youth work. While we do offer a 5 session training suite on the model, there may be other systems and practice thematics that require further exploration.

Supervision

There is a constant need to reflect on our work through supervision. Provided externally, this supports a collaborative, safe and exploratory space to discuss any challenges, formulate action plans and further progress, whether regarding a case or professional development.





Supporting Adolescents in Health Settings

Would your health setting benefit from a suite of bespoke designed training on safeguarding practice and process, psychological safety or a greater understanding of the contexts in which young people come to harm and enter our health service?

Embedding Contextual Safeguarding Against Extra-Familial Harm

Embedding new frameworks is always a challenge, especially if a certain way of working has been the default for so long. As a pair of external eyes, Safer:Now could review your service needs and develop a strategy on how to embed contextual safeguarding into your setting.

Service Development and Support

Does your service require a pair of external eyes to review practice and processes? From case consultation to case management models, to risk assessment and outcomes measurement frameworks, we can help.





Our Services

Wraparound Service

IMPROVING SERVICE-WIDE RESPONSES TOWARDS EXTRA-FAMILIAL HARM A PACKAGE TO SUPPORT LONG-TERM SUSTAINABILITY

Driving up safeguarding best practice alongside systems change support. To be run across your whole organisation, educational setting, service, trust, agency, violence reduction unit or partnership.

We know that for long-term sustainability and change, more than one-off training is required. Substantially more.

This whole-setting package is designed to do one thing: to improve responses to extra-familial harms, to better the outcomes for children, young people and families we all serve.

Health Check

After the initial consultation, a **Health Check** is conducted. This is our very own assessment tool to explore the strengths, opportunities and sticking points to improving extra-familial harm safeguarding within your agency. From the Health Check assessment tool findings, we will then provide you with a review, highlighting recommendations and a formulated action plan.

Practice Excellence and Responsive Systems: Across the Board

We will then provide the support required to develop the needed systems change and the staffing practice development. This is done through:

- A generous consultancy package
- Critical friend support
- Case consultation support
- Dip sampling case support
- Policy and guidance support
- Knowledge and capacity-building training
- Core Competencies training support
- Practice Excellence training
- Resources for practice
- Learning reviews
- Group Supervision and Learning Workshops
- Partnership Network Development
- Partnership working group development

Designed With Your Needs In Mind

This package is entirely bespoke to your organisation, service or agency needs and is available for third sector organisations, Local Authorities, Children's Services, Trusts and Violence Reduction Units and others. Depending on the needs and the package required, which would be assessed through the Health Check, **this offer could range anywhere from three months long to twelve and above.**

Our Director, Sean Monaghan, will be your guide through the process, along with any specialist consultants required for specific needs.



What Are The Benefits?

All services are experiencing challenging times. From stretched resources, budget cuts, limited strategic headspace and even less time spare. All this on the backdrop of trying to pivot to new ways of working whilst the communities we serve experience ever-increased risks of extra-familial harm. SaferNow's Wraparound Package will take the strain off of services by providing access to the necessary practice development and systems changes required, without that service having to relocate resources and workloads onto already stretched roles and staff.

Offering our Wraparound Packages in a bespoke manner enables clients of all sizes to gain access and benefit from our support. All Wraparound Packages are bespoke to both the needs and the budget of the client and include **external evaluation to monitor, and evidence, impact.**

One of our current clients is receiving this twelve-month bespoke support:

- Assessment and support of strengths, opportunities and sticking points in their Front Door, MASH, Adolescent and Missing services.
- Consultancy days to support change management.
- Reviewing of policies and practice guidance relating to missing and peer-on-peer violence incidents.
- Case consultation and reviews for cases of extra-familial harm deemed at significant risk.
- Contextual SG Champions Training - 4 sessions
- Safety Planning for Education Training - 4 sessions
- Emerging Trends Training - 4 sessions
- Safety Planning Training - 2 sessions
- Safety First, Desistance Later Training - 3 sessions
- Criminal Exploitation: County Lines and Beyond - 3 sessions
- Working with Adolescents in Health Training - 2 sessions
- Safety Planning Practice Workbook - 50 copies





Our Services

Hospital-Based Intervention Model Support

Service Design

Whether to meet the needs of young people presenting as victims of violence, and exploitation, or as a result of a mental health crisis, such models are wonderfully complex. Made up of combinations of health, youth work, safeguarding, and risk management, it requires a really specific service design to properly function. This is something that we have extensive experience in designing and delivering.

Policy, Guidance and Threshold Design

To support such specialist and innovative practice requires thorough policy, process and guidance. Considering thresholds for referral criteria, reporting guidelines on various concerns depending on age and where the concern was raised, risk and needs assessments, case management tools to journey mapping, we have you covered.

Service Delivery

Embarking on such high-risk, high-harm work requires specialist practice beyond, arguably, any other non-statutory service. We offer bespoke suites of practice development training and support to ensure staff are equipped to manage the work and, ultimately, work towards creating space for a safer life for young people in crisis. Whether high risk crisis intervention, effectively managing dynamic risk and caseloads, to safety planning and situational literacy, we have much to offer.





Our Clients



WEST MIDLANDS
VIOLENCE
REDUCTION
PARTNERSHIP



YMCA MILTON KEYNES

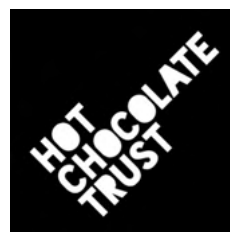


The Sunflower Network



Walsall Council

Redthread



and The Prince's Trust



SAFER NOW

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